

INTRODUCTION:

What is the funniest thing that has happened to you? Remind people that most of us have an A and a B story, the A story is what puts us most vulnerable, but often we will go to the safer B story. Encourage your group to go to the A story.

TAKE A LOOK AT THE BOOK:

Read 1 Peter 5:5-7

Why do you think Peter uses the illustration "clothe ourselves in humility"?

What in verse 5 clues you in that humility is a relational character trait? Do you think this character trait is valued in our culture? Why or why not?

What do you think is meant by "God opposes the proud"? How do you know you are being prideful?

Does the fact that God is sovereign and the creator God change your self-image? How? How does it change how you evaluate your self-worth?

How can you "cast your anxieties on him"? Does this often feel "easier said than done"? Why? How can we get to a point where we know we trust God? What does that look like, what does it take?

TAKE IT HOME:

Have you humbled yourself to admit that you need Jesus as a Savior?

What are ways you can look to His greatness and goodness each day? How can we encourage one another to do that?